Alun is a clinical supervisor to psychotherapists of different disciplines. The Handbook of Clinical Supervision (Eds. Cutcliffe, J & Hykris, K.) Routledge. 2010.

A comprehensive guide to clinical supervision, addressing its importance in various disciplines. It discusses the role of clinical supervisors, the transformative nature of supervision, and its significance in improving professional practice. The book is a valuable resource for practitioners looking to enhance their clinical supervision skills.

- Accommodation
- Protection
- Physical care
- Centred approach

The book also delves into the protection of vulnerabilities, individualisation of practice, and the importance of therapists respecting their own needs. It provides guidance on how to effectively supervise clinical teams and ensure the well-being of all parties involved.

The Handbook of Clinical Supervision is essential reading for anyone involved in clinical supervision, offering insights and strategies to improve the quality of care provided to patients. It is a comprehensive resource that covers a wide range of topics, making it a valuable addition to any clinician's library.